



MONTHLY MEMBERSHIP PROGRAM

WHAT YOU RECEIVE

- a required 1 hour orientation session
- 4 hours a month of unfacilitated pasture time with the herd
- a reserved spot for Medicine Monday events
- A list of mindful and somatic activities that can be integrated into your pasture time
- access to the trails and meditation spots on the property
- 15% off other individual and group offerings

WHAT YOU GIVE

- a sliding scale donation of \$50-\$150 that helps care for the herd(s)
- the opportunity for our herd(s) to be in healthy relationship with humans

HOW IT WORKS

Each month you are allotted 4 hours of unfacilitated pasture time with one of our herds. You may schedule these hours weekly or up to 2 hours at a time. While an equine specialist will always be on site for supervision, they will not be interacting with you during your time unless deemed necessary (ie. a safety issue). You will also have a reserved spot in the Medicine Monday group circle events. The number of membership spots will be limited to allow plenty of open spaces for individual scheduling.

REQUIREMENTS

This program is available for adults who have participated in E-volve programming or who come with a referral from You Are Herd, Harmony Through Horses, or Healing Connections Wellness. Participants are required to sign and follow a participant agreement in addition to a Release of Liability form. The participant agreement will lay out basic protocols for safety and harmonious relationship with the herd and the environment.

WHERE AND WHEN

The E-volving Hearts Wellness Farm in Old Fort, NC

Available Hours: Sundays 10-4

Mondays 11-5

Fridays 12-6

Medicine Mondays: See website under “events”

PAYMENTS & SCHEDULING

Membership fees are due on the 1st of each month and will be requested and received via Venmo unless otherwise arranged. Once you have made your payment for the month, you may schedule your pasture time via the Google Appointments calendar link that has been shared with you in your introductory information. In the event that your payment has not been received by the 5th of each month, you will lose your membership access for that month. Due to the limited capacity of our membership program, if you miss your payment for two consecutive months, your membership slot will be canceled and you will lose access to the scheduling calendar and all other benefits. If you'd like to renew your membership, you may discuss this option with Kel and may need to wait for an open slot.

Scheduling is first come, first serve. You may schedule your Pasture Time only for the current month and up to 24 hours in advance. In the event you would like to schedule within the 24 hour window, you must reach out to Kel to confirm availability.

Cancellations of appointments must happen at least 24 hours prior to your scheduled time in order to allow others to book that slot if desired. Otherwise, it will count towards your monthly hours. In the event of an emergency situation, please reach out to Kel to discuss. Memberships may be canceled at any time.

ACCESS TO TRAILS & QUESTING SPOTS

As a part of your membership, you will receive access to our 11.5 acres of private woods, consisting of trails and questing/meditation spots. This access is not limited to your pasture time hours. Just simply message Kel when you would like to come out. Please note that this access is for the member only and no dogs are allowed.

MEDICINE MONDAY GROUP CIRCLE

Twice a month, we host a free group event for the helpers and healers of our community. These circles will incorporate different themes and practitioners in our community. As a member you will automatically receive a reserved spot. However, you must still register for each event via the website. For more information visit the E-volving Hearts event page.

QUESTIONS, COMMENTS, CONCERNS

Direct them all to Kel at kelli@e-volvecoaching.com